

## **Christmas Reflections + Bingo!**

### Writing Prompts:

1. What does Christmas mean to you personally? Is it a stressful season or do you enjoy the ambience of the season?
2. Describe your favourite Christmas memory. What made it special?
3. How does your family celebrate the Christmas season? Is it the same or different to your country?
4. If you could create a new family tradition, what would it be?
5. What is your favourite Christmas food or treat?
6. How do you balance social commitments with rest? What do you need more of this year?
7. If you could have a Christmas holiday trip this year, where would you go? Somewhere hot or cold?
8. What are some of the best little Christmas moments for you?
9. What would be the ideal holiday break for you this year?
10. If money wasn't an issue, what would be the best Xmas present for you this year?

### Xmas Bucket List:

- buy one new xmas decoration
- wear a xmas jumper
- send physical xmas cards to loved ones
- donate to a charity
- play xmas music in the background
- read a xmas-themed book
- watch at least one xmas film
- wear xmas socks
- put up xmas lights
- make xmas cookies
- make hot chocolate with marshmallows
- go ice skating
- take a xmas family photo
- sing xmas karaoke
- phone someone far away for a catch up
- buy a poinsettia plant
- wear a xmas hat
- visit a xmas market
- drink a festive drink at a coffee shop